



## HILLINGDON PRIMARY SCHOOL

*Learning and Achieving Together*

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Tuesday 20th June 2023

### **Personal Development Curriculum** **Importance of Safeguarding**

Dear Parents and Carers,

You will be aware that, as a part of your child's educational experience at Hillingdon Primary School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal Development that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

Our Personal Development Curriculum is broken down into 6 units across the year. The final unit of the summer term is called 'Changing Me,' and a component of this unit is teaching pupils the correct scientific terminology for their body and private parts to enable them to learn important skills to help to keep them safe. During these lessons, class teachers will introduce a range of safety skills and ideas in an age appropriate way. These include:

- "appropriate" and "inappropriate" touching;
- your child's right to say no to things that make them feel upset or uncomfortable;
- naming parts of the body; and
- who your child can turn to if they ever feel upset or worried.

Working in partnership with parents to promote the safety of our pupils is important to us. If you are interested in learning more about this aspect of our curriculum to support you with ongoing conversations with your child at home, please register your interest via the Google Form link below by 9am on Monday 26th June 2023. We will make contact with all who complete the form during the week beginning 26th June to communicate the arrangements for sharing further information.

<https://forms.gle/bNDYM5AfAMZWgjif8>

Please note, this component of our Personal Development curriculum is separate from Sex Education which is taught to pupils in Year 6 with the prior consent of their parents / carers. Further information about the content of our Personal Development curriculum can be found on the [Personal Development Subject page](#) of our school website and the appendices of our [Relationships Education, Relationships and Sex Education, and Health Education Policy](#).

Yours faithfully,

Mrs Samina Saidiya  
Vice Principal