



**HILLINGDON PRIMARY SCHOOL**  
*Learning and Achieving Together*

**Principal:** Mrs Ann Bowen-Breslin (MA)  
**Vice Principal:** Ms Sabrina Kelly B.Ed (Hons)  
**Vice Principal:** Ms Samina Saidiya M.Ed

Uxbridge Road,  
Hillingdon,  
Middlesex,  
UB10 0PH

Email: [hillprimary@hillingdonprimaryschool.org.uk](mailto:hillprimary@hillingdonprimaryschool.org.uk)  
Website: [www.hillingdon.hillingdon.sch.co.uk](http://www.hillingdon.hillingdon.sch.co.uk)

Tel: 01895 590087

---

Friday 3rd February 2023

**Safer Internet Day- Tuesday 7th February**  
**(Personal Development Curriculum)**

Dear Parents and Carers,

As part of our Computing and Personal development curriculum we value the importance of being safe online and the staff and children of Hillingdon Primary School are pleased to be a part of this global event.

**SAFER INTERNET DAY**

Safer Internet Day is more important today than it has ever been. Safer Internet Day is celebrated annually in over 100 countries. The day offers the opportunity to celebrate young people's role in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers. This year's theme is *'Want to talk about it? Making space for conversations about life online.'*

We will mark this by a special assembly for the students from our Digital Leaders and lessons tailored to each key stage on keeping safe online on the week beginning 6th February 2023. Our focus will be on children discussing with their peers and their teachers their use of technology in school as well as outside of school and how to keep safe online. During special Safer Internet Day lessons, children and teachers will debate when and how to ask for help as well as wise and sensible use of technology according to children's age.

Attached to this letter is a home learning activity to start this discussion with families. We would encourage parents and carers to gather together with the whole family, including younger and older siblings, to discuss the statements sent home. We feel this will give families a wonderful opportunity to open a discussion at home about technology. Children are then encouraged to bring this back in to help with the discussion we will have in school during the week.

In the meantime if you wish to learn more please visit the UK Safer Internet Centre website at:  
<https://www.saferinternet.org.uk/safer-internet-day>

We look forward to hearing your feedback from your discussions. Keep an eye on Twitter for updates on the discussions in school.

**Metropolitan Police**

As a polite reminder the Metropolitan Police will be leading a presentation to parents of pupils in all Year groups on the following dates. Please fill in the [Google Survey](#) to confirm if you will be attending on either date:

Years 1, 2 and 3 - Tuesday 28th February at 1:45pm in the school hall.

Years 4,5 and 6 - Wednesday 8th March at 1:45pm also in the school hall.

Warmest regards,

Ms Saidiya

Laura Mitchell






















Mr Baker and Ms De Montecler

Name: .....

# No tech or better with tech?

For each of the activities below, discuss as a family: is this better when completed with tech or without tech? For example, would you rather ask a question you have to someone face-to-face, or a voice assistant like Alexa or Siri or Google?

Circle the symbol that best matches your verdict for each one. Different family members could use different colours pens and pencils to show their opinions.

	Better without tech	Better with tech	Undecided
Chatting to friends and family			
Playing games			
Learning and research			
Asking a question			
Getting help & support			
Saying sorry			
Shopping for clothes			

## Reflection time

Overall, we prefer to do things...

without tech / with tech / no clear winner

We all agreed that...

We really disagreed about...

The most interesting one to discuss was...

I changed my mind about...