



## HILLINGDON PRIMARY SCHOOL

*Learning and Achieving Together*

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Dear Parents and Carers,

As we approach the end of the summer term, we wanted to share a couple of quick reminders to help you prepare for the new academic year in September.

### 1. Ear Piercings

- **Timing:** If you are planning on letting your child get their ears pierced, **please arrange for this to be done at the very start of the summer holidays**. This ensures they will have healed enough for your child to safely remove them on PE days in September.
- **Style:** Please remember that for safety reasons, any earrings worn to school must be **simple studs only**. Hoop earrings are not permitted.

### 2. Birthday Celebrations in School

To support our healthy lifestyle initiatives and safely manage various student allergies and dietary needs, **we kindly request that children do not bring sweets or cakes into school to celebrate their birthdays**.

Please rest assured that there is absolutely no obligation to send anything in for your child's birthday. However, if you would like to mark the occasion, we invite you to consider these healthy, lasting alternatives:

- **Donate a book** to your child's class library.
- **Gift a board game** or indoor activity for wet playtimes.

These options are a wonderful way to celebrate while benefiting the whole class for the year ahead.

Thank you so much for your continued support and understanding in keeping our school environment safe, healthy, and happy.

Kind regards,

Ms. Mitchell  
Vice Principal