



HILLINGDON PRIMARY SCHOOL

Learning and Achieving Together

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Tuesday 2nd June 2026

Consultation on Updated Relationships, Sex, and Health Education (RSHE) Policy for September 2026

Dear Parents and Carers,

At Hillingdon Primary School, we value Personal Development. Learning is not left to chance and teaching and learning begins in the Nursery. The subject content underpins our school's values and ethos: 'Learning and Achieving Together.' We recognise that a child's personal development lays the foundations for a successful education: 'to enable each child to discover the joy of learning, to help them fulfil every aspect of their potential and to encourage their growth into effective and happy citizens, with a strong sense of their own agency, ready to play their part in the world and in their community.'

We are writing to inform you of recent updates to our Relationships Education, Relationships and Sex Education (RSE), and Health Education curriculum, following the latest statutory guidance from the Department for Education (DfE).

Why is the curriculum changing?

The DfE updates its guidance to ensure that the themes taught in schools are relevant, safe, and reflective of the challenges young people face today - including online safety, mental wellbeing, and healthy relationships. The goal is to provide pupils with the knowledge they need to make informed decisions about their wellbeing, health, and relationships, while fostering an environment of respect and empathy.

Your Role in the Process

We highly value the partnership between home and school. To ensure our policy reflects the values of our school community while meeting legal requirements, we are inviting you to review our proposed approach.



A member of the Elliot Foundation Academy Trust



Please find attached:

- **The Draft RSHE Policy:** This outlines what will be taught, how it will be delivered, and the right to request a withdrawal from certain elements of Sex Education (please note that Relationships and Health Education are statutory). Also see Appendix 1 for the **Curriculum Content**.
- **A copy of the DfE statutory guidance for schools on [Relationships and sex education \(RSE\) and health education](#).**

Once you have had an opportunity to review the policy, we would appreciate your views. **Please complete our brief Google Questionnaire by clicking the link below:**

<https://forms.gle/JM45FgAnbgCBFugo6>

Please take the time to read the policy and DfE guide prior to submitting your feedback as both provide key information about the school's legal obligations, the content of the curriculum, why we are being asked to teach it and our delivery of the curriculum.

The consultation period will run from today until Tuesday 16th June 2026. Please be aware that while your views are welcome, they do not constitute a veto over statutory curriculum content. The school is legally required to teach Relationships and Health Education to all primary school children. Sex Education will be taught in Year 6 at Hillingdon Primary School, and we will seek parental permission for this in Year 6. Parents retain the right to withdraw their child from Sex Education lessons in Year 6.

We will be holding a parent workshop on Friday 3rd July at 2:30pm, during which we will aim to address any themes, questions or concerns raised through the parent feedback form.

Thank you for your continued support in helping us provide a safe, supportive, and inclusive learning environment for all our students.

Yours sincerely,



Ms Sabrina Kelly
Co-Principal



Ms Samina Saidiya
Co-Principal